

Summer 2009 Basketball Camps



Come join the Minnesota Heat coaching staff for an exciting opportunity to gain experience and improve your skills. Each camp will focus on skill development preparing each player to make the jump to the next level.
BOYS AND GIRLS SESSIONS FOR BOTH OFFENSIVE AND DEFENSIVE CAMPS

OFFENSIVE CAMP
Individual skills focus on ball handling, passing, shooting.
Team skills focus will include transition basketball and running half court offensive sets.
July 23, 24
Grades 3 – 5: 8:00am to 10:00am
Grades 6 – 8: 10:15am to 12:15pm
Grades 9 – 12: 12:30pm to 2:30pm

DEFENSIVE CAMP
Individual skills focus on ball defense, off ball defense, steals, blocking shots, defensive rebounding.
Team skills focus on man defense, zone defense and full court defenses.
July 27, 28
Grades 3 – 5: 8:00am to 10:00am
Grades 6 – 8: 10:15am to 12:15pm
Grades 9 – 12: 12:30pm to 2:30pm

**Camps will be held at IRONDALE HIGH SCHOOL
2425 Long Lake Road, New Brighton, MN 55112**
Cost \$50 per camp/\$80 for both camps . Registration deadline July 10th
Early registration discount \$70 for both camps due by June 15th
T-Shirts and Minnesota Heat prizes for all camp participants

Mail your registration to:
Minnesota Heat Basketball
4411 200th Lane NE, Wyoming, MN 55092

QUESTIONS? Contact Larry Beck at
763-300-9357 or email
mnheatgirls@yahoo.com

NAME _____ GRADE (Fall 2009) _____
ADDRESS _____ CITY STATE ZIP _____
REGISTERING FOR (circle) OFFENSIVE DEFENSIVE BOYS GIRLS
DATE _____ PAYMENT ENCLOSED \$ _____